

Fact Sheet

e-learning

Manual Handling

This e-learning course is ideal for those learners taking a manual handling qualification or those workers that will be involved with manual handling as part of their job role. This course is available online through the Highfield Learning Management System and gives the ability to monitor, manage and record training activity.



What does it cover?

There are six training modules that make up this course, which cover the key syllabus. These modules include:

- The definition of manual handling
- The LITE stairway to safety
- Safe lifting techniques
- Correcting lifting techniques
- Lifting with more than one person
- Examples of manual handling

What will learners achieve?

Those taking this e-learning course will engage in approximately 30 minutes of training. Their knowledge will also be tested by five multiple-choice questions. On completion of the course, the system produces a personalised HABC-commended certificate.

What next?

To place an order or request further information please speak to one of our specialist advisors on **01362-656800**

